Hike Schedule

July 2017



Founded in 1921 Utica, New York

Trampntrail.org

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. In order to facilitate carpooling, these locations will be within 15 miles of Utica. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible lastminute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.

B - Bike C/K - Canoe/Kayak

HD - Hiking Distance (Total both ways) DD - Driving Distance (One way from meeting place) H - Hike **S** - Ski SS - Snowshoe **TM** - Trail Maintenance

SCHEDULE SUMMARY

	JULY 2017			
1	South Inlet - C/K			
2	Chittenango Falls - H			
4	Reservations due for High Peaks Weekend			
4	Bonnie's Bike - B			
8	Pillsbury Lake - H			
9	Newcomb Lake Notification			
9	Good Luck Cliffs - H			
15	Newcomb Smorgasborg - H/C/K			
15	Mohawk River Trail - H			
16	Newcomb-Tupper Triad - H			
16	Carpenter Rd TM			
22	JBL Weekend - H			
22	Go for the Green Lakes - H			
23	Blue Mountain Lake - C/K			
29	Cranberry Lake to Cathedral Rock Fire Tower - H			
30	Bear Lake - H			

JULY 2017

Saturday, July 1 Reservation Deadline Johns Brook Lodge

Leader: Carolyn Eastman 315-525-0366 The Lodge is full!! Contact Carolyn if you would like to be placed on the waiting list.

SOUTH INLET C/K/H

Sat. Jul 1 9:00 AM Hike# 6646 HD: C/dK-4 mi./ H-3 mi. DD: 73 mi. Easy/Moderate

Pam Carrier - 315-896-4746 Richard Miller - 315-896-6354 **Meet at**: Keybank, Mapledale Launch beside the bridge over the inlet on Rt. 28. Paddle 2 miles upstream to Sagamore Cascades. Enjoy the falls or take a hike to the old powerhouse for the Sagamore Great Camp.

CHITTENANGO FALLS

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Sun. Jul 2	9:30	AM	Hike# 6647
HD: 4 mi.			DD: 21 mi.
Difficulty: Modera	ate		

Sue Manier - 315-271-0451 Rick Manier - 315-655-4367 **Meet at**: Madison Central School, Rt. 20, Madison Hike the trails of Chittenango Falls! Maybe we will see wildflowers, but we will certainly see a spectacular waterfall!

BIKE WITH BONNIE

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Tues. Jul 4	9:30 AM	Hike# 6648
HD: 25 mi.		DD: 20 mi.
Difficulty: Modera	ate	
Bonnie Sandersor	n - 315-790-793	32
Bobbie Scarpino -	315-269-4099	
Meet at: Westmor	eland Thruway	exit. Regroup at
McDonalds, Cana	stota	
Bike from Canasto	ota to Green La	kes State Park

and back. Bring lunch and a bathing suit.

RESERVATION DEADLINE FOR 27TH ANNUAL HIGH PEAKS WEEKEND TUESDAY JULY 4

Roger Felske - 508-612-1266 Lu Blanchard - 315-768-3566 Dick Blanchard - 315-272-3618 Reservations require a non-refundable payment of \$25.00 made out to Tramp and Trail Club. Mail to Lu Blanchard. The \$25.00 includes campsite for two nights, group dinners, both Friday and Saturday nights, plus breakfast Sunday morning. Lunches are on your own. Please indicate your preference for camp site or tent cabin. We are allowed 6 people per tent site and 6 people per tent cabin. Availability is on a first-come, first-served basis. If you are making your own arrangements and want to just dine with the Tramps, please send a check for \$20.00 per person.

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Sat. Jul 8	9:30 AM	Hike# 6649
HD: 7 mi.		DD: 80 mi.
Difficulty: Moderate	е	
Sharon Kaelin - 315	-732-2407	
Amanda Zdanowicz	- 315-351-	6143
Meet at: Keybank, M	Mapledale	
We will enjoy a brisk	< hike to the	Pillsbury Lake lean-
to.		
GOO	D LUCK C	LIFFS

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Sun. Jul 99:30 AMHike# 6650HD: 6 mi.DD: 35 mi.Difficulty: DifficultSharon Kaelin - 315-732-2407Amanda Zdanowicz - 315-351-6143Meet at: NBT Bank, MiddlevilleLet's make a climb up to the top of Good Luck Cliffsto take in the view.

Sunday, July 9 NEWCOMB WEEKEND NOTIFICATION

For logistical reasons please e-mail or call the Higgersons at 518-582-5507 to let them know if you plan to attend.

It's BUG season! Make sure you come prepared to ward off black flies, deer flies, and ticks. Wear proper clothing, netted hats etc. and bring insect repellent!



NEWCOMB WEEKEND SMORGASBORG H/C/K

Sat. Jul 15 9:30 AM Hike# 6651 HD: Varied DD: 15 mi. or less Difficulty: Varied

Meg Higgerson - 518-582-5507, 315-841-8717 Bill Higgerson - 518-582-5507, 315-841-8717 **Meet at: Varies**

It is **ESSENTIAL** to let the leader know if you are participating in Newcomb Weekend.

We will offer a number of options for hikers or kayakers. Kayak possibilities include: Henderson Lake, Boreas Pond, County Line Flow, or Rich Lake. Hike: Mount Adams, Goodnow Mountain, Newcomb Visitors Center. To help us organize this event and to receive e-mails re starts etc., let the HIggersons know if you plan to attend. Come to the Higgerson's camp for a real smorgasborg. Bring a dish to pass. Meat and beverages provided.

MOHAWK RIVER TRAIL

H Sat. Jul 15 HD: 4 mi. Difficulty: Easy Mike Huss - 315-768-7374 Janice Huss - 315-768-7374 Meet at: Griffiss Bus. Pk. by the B-52 plane Easy walk next to the river.

NEWCOMB WEEKEND TUPPER LAKE TRIAD

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Sun. Jul 16 HD: 6 mi. 10:00 AM Hike# 6653 DD: 15 mi.

Difficulty: Varied

Meg Higgerson - 518-582-5507, 315-841-8717 Grace McNasser - 315-794-1818 Meet at: Long Lake Central School

Coney Mountain, Goodman Mountain and Mount Arab compose the Tupper Triad. Each is 2 miles round-trip with terrific summit views. Do one or all three! Applications for a patch will be available.

CARPENTER RD H/TM

Sun. Jul 16	12:30 PM	Hike# 6654
HD: 4-6 mi.		DD: 37 mi.
Difficulty: Moder	ate	

Paul Fortin - 315-767-9708 Mike Huss - 315-768-7374

Meet at: Keybank, Mapledale. Regroup at the Burger King in Boonville Drive to Carpenter Rd. to start our H/TM. Bring your muscles and a tool: clippers or bowsaw. DEC registration **is required**. If you are not registered, forms may be found on the website for future TM.

JBL WEEKEND H

Sat. Jul 22 7:00 AM Hike#: 6655 HD: 3.5+ mi. DD: 150 mi.

Difficulty: Difficult

Carolyn Eastman - 315-525-0366 Tom Schenck- 607-423-5413 **Meet at**: Keybank, Mapledale Johns Brook Lodge is nestled in the valley between Gothic and Big Slide Mountains located in Keene Valley. It offers bunkbed sleeping and meals that are prepared while we are off enjoying ourselves. There are many hikes from which to choose, or relax on the cabin's new deck. It is a 3.5 mile hike to get to the lodge.

GO FOR THE GREEN (LAKES)

H Sat. Jul 22 10:00 AM Hike# 6656 HD: 3 mi. DD: 34 mi. Difficulty: Easy Kathy Countryman - 315-269-7866 Francis Roy - 315-351-6158 Meet at: Westmoreland Thruway exit Hike around Green Lakes State Park (entrance fee required). For additional mileage, cross the road to hike some of the Erie Canal Trail. Alternately, take a dip in the emerald-green lake. Bring a picnic lunch or buy something at the snack bar.

BLUE MOUNTAIN LAKE

C/K 9.00 AM Hike# 6657

Sun. Sul 25	3.00 AW		
HD: 8 mi.		DD: 72 mi.	
Difficulty: Moderat	e		
Jim Wasielewski - 3	15-736-742	5	
Lorrie Wasielewski	- 315-736-7	425	
Meet at: Keybank, I	Mapledale		
Regroup in Inlet. Pa	ddle Blue N	Iountain Lake and	

Sun Jul 23

Eagle Lake. If you want to go shorter just do BML.

CRANBERRY LAKE TO CATHEDRAL ROCK FIRE TOWER

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Sat. Jul 29	9:00 AM	Hike# 6658
HD: 6 mi.		DD: 112 mi.
Difficulty: Mode	rate	
Deb Roberts - 31	5-790-3618	
Pam Carrier - 315	5-896-4746	
Meet at: Keybanl	k, Mapledale	
Drive Rt. 12 to Lo	wville and up	to Cranberry Lake
on Rt. 3. We will	hike from the e	end of Columbia Rd.
to the fire tower.		

BEAR LAKE

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Sun. Jul 30	9:30 AM	Hike# 6659
HD: 5 mi.		DD: 42 mi.
Moderate		

Bess Bessey - 315-337-0311 Nina Belmar - 315-794-7012 **Meet at:** Keybank, Mapledale Drive Rt. 28 to McKeever Rd. (right turn). Drive past RR Station to parking area for Remsen Falls & Bear Lake. We will start our hike from here, and head for Bear Lake. Forest Ranger/DEC Emergency: 518-891-0235 Trail Conditions: 518-408-5850

Attention Hike Leaders

Please send your release/sign-up sheets promptly to our Hike Records Chairperson: Chuck Balser, 9 Overbrook Crescent, New Hartford, NY 13413-4104.

Make sure all signatures are legible, reprinting them if necessary, and identify on the sheet the name of the leader and co-leader. Leaders should make sure every hiker signs in before beginning the hike and should not cross off anyone's name that does not complete the hike. You may note unusual occurrences in the comments section.

Return your sheet within 3-5 days.

NEW: If you are able to take a photo of the sign-in sheet, please do so and e-mail to: Mary Pat Connors, mconnors921@roadrunner.com for assistance with photo IDs.

Hike Write-Ups and Photos should be sent by e-mail.

Please note the hike title, number and date and email to: Mary Pat Connors: mconnors921@roadrunner.com for inclusion on the website.



Long time member **Jack Schmidt** passed away on March 24, 2017. During his retirement years, Jack loved Kayuta Lake, exploring the Adirondacks, and enjoyed traveling the world with his partner, Elly O'Donnell, who was also a member of Tramp and Trail before her death. Our sympathies to his family, including his sister-in-law, Madonna Fellows.



Kathleen Browne Patrice King Tom O'Hara David Palazzoli Kathy Palazzoli Linda Potter Mary Catherine Scott

Congratulations!

to Don and Madonna Fellows on receiving Lifetime membership for their many contributions to the club!





2017 - 2018 Executive Committee

President: Meg Higgerson 1st VP: Mary Pat Connors 2nd VP: Bobbie Scarpino Treasurer: Mike Huss Secretary: Mary Cameron Director: Tom Smith Director: Jerry Stewart (not in photo)

Thank you to our Hike leaders and Co-Leaders!!

Without them we would have no club. Our top five hike leaders for 2016-2017: Bobbie Scarpino, Sharon Kaelin, Deb Roberts, Jim Wasielewski and Mike Huss.

We had 120 hikes in 2016-2017. 90% of these were led/co-led by our hike committee. Immense thanks! We encourage **ALL** members to be active not only in hiking, but leading and co-leading. To do so, contact any hike committee member or

Hike Committee chair:

Mary Pat Connors, mconnors921@roadrunner.com. Remember we work at least two months in advance. September, October, and November schedule will be planned in July.

HIKE STATISTICS April 1, 2016 - March 31, 2017

Top Hikers:		Distribution of Scheduled Hikes	
Joan Egan			
79 hikes	65%	On foot	64
Mike Huss		Bike	10
70 hikes	58%	Canoe/Kayak	7
Madonna Fellows		Ski	5
60 hikes	50%	Ski/Snowshoe	10
Don Fellows		Other	23
59 hikes	49%		
Bobbie Scarpino			
57 hikes	47%		
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- 120 hikes were scheduled during the year with 0 hikes cancelled.
- We did have 3 "unidentified" hikers, so make sure you write your name legibly on the sign-in sheet.
- The total number of hikers was 2,080; average hikers per hike was 16.13.
- The most popular hike was the Corn Roast with 53; the second was The Last Hurrah, New Year's Eve, with 48; third, High Peaks Weekend had 43; and fourth, our trip to the Smokies had 40 participants making that trek

HISTORY CORNER



As we bid farewell to our first website, we would like to thank our members, especially Bill Wilson and Donna Wester, who had the foresight and worked to give our club a continued presence on the Internet since 2003! Here is a recollection from Bill Wilson: "I can't say that there was any one person who suggested a club website. It was an idea that was discussed, but not acted upon. So, in 2003, I made a study of many hiking club websites

worldwide. I took ideas from this study, added some more, and laid out a club website design. I handed this layout off to Donna Wester, who worked tirelessly to come up with the initial website. We found that some features, although nice, were beyond the current technology and slowed down the site speed, and we had to pull them back. Donna got things to work properly and brought up our first website, which she maintained and improved upon for several years.

The Exec Committee reviewed and approved our site, with privacy being one of the concerns."