

HIKE SCHEDULE
JULY
2018



Founded in 1921
Utica, New York

Trampntrail.org

NEW ON THE WEBSITE:

WE WILL NOW BE POSTING HIKE CHANGES ON THE HOMEPAGE OF OUR WEBSITE.

Members will also continue to get notification through e-mail. But if you deleted your e-mail and need to find the information quickly, just check the website.

Hike Leaders:

PLEASE remember to take a photo of the sign-in sheet. If you do not have a cell phone with you, I am sure another hiker will. Send to mp9212@gmail.com.

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. In order to facilitate carpooling, these locations will be within 15 miles of Utica. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. **Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.**

- HD** - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place)
B - Bike **H** - Hike **S** - Ski **SS** - Snowshoe
C/K - Canoe/Kayak **TM** - Trail Maintenance

Required accessories: Helmets for a bike; PFDs for canoe/kayak.

SCHEDULE SUMMARY

JUNE 2018		JULY 2018		AUGUST 2018	
2	Tioughnioga River - C/K	1	Cascade Lake - H	4	Middle Settlement Lake - H
3	Carpenter Rd. - TM	4	Black River Canal - B	5	Black River - C/K
9	Clark Tower - H	7	John Pond - H	10-12	HPW - H
10	Lake Julia - H	8	Blue Mountain Lake - C/K	11	Rogers Env. Center - H
16	Scarface - H	14	Cranberry Lake C/K/H	12	Deansboro Trail - H
17	Eaton Brook - C/K	15	Mt. Arab - H	18	Black Mtn. - H
23	Sycamore Gardens - H	15	Nick's to Nelson - H	19	Robert Woodruff Learning Center - H
24	Chenango Canal - H	21	Cape Vincent - B	25	Clark Reservation - H
30	Murphy Lake - H	21	Erie Canal Trail - H	26	Remsen Falls - H
		22	St. Lawrence - C/K		
		22	Bear Lake - H		
		27-29	JBL - H		
		28	Brandy Lake - H		
		29	McKeever B/H		

JULY 2018

CASCADE LAKE

H

Sun. Jul 1 **10:00AM** **Hike # 6762**
HD: 6 mi. **DD: 50 mi.**

Difficulty: Moderate

Leader: Sharon Kaelin – 315-732-2407

Co-Leader: Amanda Zdanowicz – 315-351-6143

Meet At: Key Bank, Mapledale

We'll hike around Cascade Lake with a stop at the falls.

BLACK RIVER CANAL TOWPATH BIKE

B

Wed. Jul 4 **12:00PM** **Hike # 6763**
HD: 20 mi. **DD: 20 mi.**

Difficulty: Moderate

Leader: Bobbie Scarpino – 315-269-4099

Co-Leader: Richard Clair – 315-205-4017

Meet At: Key Bank, Mapledale

Celebrate the 4th with a bike ride along the canal towpath from Boonville to Forestport and back. Hybrid or mountain bikes required. Leader will bring hotdogs to grill at Erwin Park upon return. Bring a side dish to pass and beverage of choice.

JOHN POND

H

Sat. Jul 7 **9:00AM** **Hike # 6764**
HD: 5+ mi. **DD: 75 mi.**

Difficulty: Moderate

Leader: Madonna Fellows – 315-736-2564

Co-Leader: Don Fellows – 315-736-2564

Meet At: Key Bank, Mapledale

We will drive to Big Brook Rd in Indian Lake. Our hike will take us to the lean-to on John Pond and on to Clear Pond.

BLUE MOUNTAIN LAKE PADDLE

C/K

Sun. Jul 8 **9:00AM** **Hike # 6765**
HD: 7-8 mi. **DD: 70 mi.**

Difficulty: Moderate

Leader: Jim Wasielewski – 315-736-7425

Co-Leader: Lorrie Wasielewski – 315-736-7425

Meet At: Key Bank, Mapledale

Paddle Blue Mountain Lake and into Eagle Lake.

It's that time again!
Come prepared to ward off
black flies, ticks, mosquitoes and deer flies with
proper clothing, netted hats
and insect repellent.



CRANBERRY LAKE WEEKEND Day One - Canoe/Kayak then Hike C/K/H

Sat. Jul 14 **9:30AM** **Hike # 6766**
HD: K - 5-6 mi; H - 1-2 mi. **DD: 104 mi.**

Difficulty: Moderate

Leader: Deb Roberts – 315-533-7195

Co-Leader: Halsey Bagg – 315-790-7512

Meet At: No local starter. Meet at Deb and Halsey's camp, 649 Columbian Rd., Cranberry Lake.

Put in at 9:30 and paddle to Joe Indian Island or just beyond to Sliding Rock for a 1-2 mi. hike. Paddlers are then invited to swim and picnic at the camp. **Bring a dish and drink.** Meat will be provided and cooked by the hosts. If you are planning on coming to dinner, **PLEASE CONTACT** Deb Roberts at debroberts54@gmail.com **BY FRIDAY JULY 6.**

CRANBERRY LAKE WEEKEND Day Two - MT. ARAB

H

Sun. Jul 15 **11:00AM** **Hike # 6767**
HD: 1.5 mi. **DD: 118 mi.**

Difficulty: Moderate

Leader: Halsey Bagg – 315-790-7512

Co-Leader: Deb Roberts – 315-533-7195

Meet At: No local starter. Meet at Mt. Arab trailhead.

Meet at the trailhead at 11:00 am to take this opportunity to bag one more in the Firetower Challenge! Mt. Arab is 2545' with only a 750' ascent. If you'd like, you can follow up on your own with the others in the Tupper Triad: Coney and Goodman Mountains. Mount Arab is located about three miles west of Tupper Lake on NY 3. Near the town of Piercefield, turn left on the Conifer Road (County Route 62) and then left on Mount Arab Road.

NICKS LAKE TO NELSON LAKE

H
Sun. Jul 15 9:00AM Hike # 6768
HD: 7-8 mi. DD: 40 mi.

Difficulty: Moderate

Leader: Jim Wasielewski – 315-736-7425

Co-Leader: Lorrie Wasielewski – 315-736-7425

Meet At: Key Bank, Mapledale

This will be a shuttle. We will car pool from Nelson Lake parking lot to Nicks Lake, Bisby Road parking lot. We will take the new trail to the railroad trestle. No bushwhacking. However, there might be some blowdown and a beaver dam to cross.

CAPE VINCENT TO KINGSTON, ONT. - BIKE

B
Sat. Jul 21 8:00AM Hike # 6769
HD: 20-25 mi. DD: 94 mi.

Difficulty: Easy/Moderate

Leader: Bonnie Sanderson – 315-790-7932

Co-Leader: Louie Casatelli – 315-797-4399

Meet At: McDonald's, Erie Blvd., Rome. Regroup at ferry landing, Cape Vincent.

We will take the ferry (\$3.00 each way) to Wolfe Island in Canada, bicycle across the island to Marysville, where we will catch the ferry to Kingston (no charge). Choose to bring lunch and eat in Federation Park or reserve a table at Chez Piggy. Email Bonnie at: bonniesanderson@msn.com by Thurs., Jul., 19 if you plan to eat at Chez Piggy. Option to explore some river roadways (gravel surface, hybrid bikes recommended) upon return to Wolfe Island. Passports or enhanced driver's license are a must!

ERIE CANAL TRAIL

H
Sat. Jul 21 10:00AM Hike # 6771
HD: 4-6 MI. DD: 0 mi.

Difficulty: Easy

Leader: Karen Oeinck – 315-601-7949

Co-Leader: Janis Jones – 315-796-2283

Meet At: Canal Trail parking lot on Rt 69 Oriskany, near ANW Car/Doggie Wash

We will walk in a nice shaded and wooded area until we decide we don't want to walk anymore and then turn around and walk the same way back.

Forest Ranger/DEC
Emergency: 518-891-0235
Trail Conditions: 518-408-5850

ST. LAWRENCE RIVER PADDLE

C/K
Sun. Jul 22 10:30AM Hike # 6770
HD: 7 mi. DD: 3 mi.

Difficulty: Moderate

Leader: Emil Misiaszek – 315-219-1770

Co-Leader: Jerry Stewart – 315-264-8280

Meet At: No local starter. Meet at Price Chopper, Rt. 12, Alexandria Bay.

Leaving Price Chopper in Alex Bay at 10:30, drive to Wellesley Island State Park (\$2.75 one way fee to cross TI bridge. \$7.00 fee per vehicle for the park unless we can get it waived) Paddle from Wellesley Island St. Park to Waterson State Park for lunch and then continue through the Canadian Lost Channel under several spans of the 1000 Island Bridge system. Continue around Hill Island to the M&T Chalet for refreshments.

BEAR LAKE

H
Sun. Jul 22 10:00AM Hike # 6772
HD: 5.2 mi DD: 29 mi

Difficulty: Moderate

Leader: Geoff Horan – 315-826-7060

Co-Leader: Donna Horan – 315-826-7060

Meet At: Key Bank, Mapledale

Hike to Bear Lake lean-to for lunch, then return.

JOHNS BROOK LODGE

H
Fri. Jul. 27 - Sun. Jul. 29 7:30AM Hike # 6773
HD: 3.5 + mi. DD: 150 mi.

Difficulty: Moderate

Leader: Carolyn Eastman – 315-525-0366

Co-Leader: Tom Schenck – 607-423-5413

Meet At: Key Bank, Mapledale

John's Brook Lodge is located in Keene Valley, a rustic camp with co-ed bunkbed sleeping arrangements. The lodge supplies you with meals, great views and fun times. Many hiking options nearby.

BRANDY LAKE

H
Sat. Jul 28 10:00AM Hike # 6774
HD: 6 mi. DD: 25 mi.

Difficulty: Easy/Moderate

Leader: Kathy Countryman – 315-269-7866

Co-Leader: Francis Roy – 315-351-6158

Meet At: Key Bank, Mapledale

A pleasant hike into a scenic lakeside lunch spot and back out the same way. Parking at the trailhead along Rt. 28 is limited. Please carpool from Mapledale.

MCKEEVER ADVENTURE BIKE/HIKE

Sun. Jul 29 **B/H**
HD: 6 mi. **10:00AM** **Hike # 6775**
Difficulty: Moderate **DD: 30 mi.**

Leader: Douglas Wasielewski – 315-896-2817
Co-Leader: Deb Wasielewski – 315-896-2817
Meet At: Key Bank, Mapledale
Bike, then hike to Woodhull Mt. Email to follow.

