Hike Schedule September 2018



Founded in 1921 Utica, New York

Trampntrail.org

MEMBERS

We would love to have YOU participate in leading or co-leading a hike on the next schedule! As hike leader YOU decide the location, start time, length and pace. If you are able, but don't know how to get started, see our FAQ section on the website; call a hike committee member; or contact Mary Pat Connors: 315-723-0085.

GUARANTEED FUN AND LAUGHS.

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. In order to facilitate carpooling, these locations will usually be within 15 miles of Utica. Leaders and coleaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.

HD - Hiking Distance (Total both ways) **B** - Bike **C/K** - Canoe/Kayak **DD** - Driving Distance (One way from meeting place) **H** - Hike **S** - Ski **SS** - Snowshoe **TM** - Trail Maintenance

Required accessories: Helmets for a bike; PFDs for canoe/kayak.

SCHEDULE SUMMARY

	SEPTEMBER 2018		OCTOBER 2018		NOVEMBER 2018		
1	Chittenango Creek -	6	NPT- Grant Lake - H	3	Vista Trail - H		
	Н	7	Windmills Mad. Cty H	4	Finger Lakes Trail - H		
2	HCCC - H	8	Raquette Lake - C/K	10	Green Lakes State Pk H		
3	Rome Bus. Pk H	9	Interesting Evening	11	Nicks Lake - H		
8	Shallow Lake - H	13	Star Meadow - H	12	Honor Veterans - H		
9	Oxbow Falls - H	14	Eaton Brook - H	13	Interesting Evening		
11	Interesting Evening	20	Tupper Triad - H	17	Erie Canal - TM		
15	Good Luck Cliffs - H	20	Canastota - B	18	Remsen Falls Lean-to - H		
22	Helderberg	21	Sagamore Lake - H	24	Deansboro Trail - H		
	Escarpment - H	27	Beaver Lake - H	25	Parkway Monuments - H		
23	West Rome - B	28	Mohegan Lake - H		-		
29	Find Waterfalls - H		_				
30	Morgan Hill - H						
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AUGUST 2018 REMINDER OF THE MAINE TRIP

H/B/C/K

Fri. Aug. 24 - Fri. Aug 31Hike # 6785, 6786
54 Tramps will make the trek to the beautiful Lake
District of Maine. All details were discussed at the
meeting in July.

SHALLOW LAKE

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Sat. Sep 8 9:30AM Hike # 6790

HD: 5 mi. DD: 50 mi.

Difficulty: Moderate

Leader: Sharon Kaelin – 315-732-2407

Co-Leader: Amanda Zdanowicz – 315-351-6143

Meet At: Key Bank, Mapledale

We'll drive to the trailhead on Uncas Rd where we'll start on the Sucker Brook Trail to the turn-off to Shallow Lake. There is a marshy area with a "bridge" of three logs that can be tricky to cross.

SEPTEMBER 2018

CHITTENANGO CREEK

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Sat. Sep 1 10:00AM Hike # 6787

HD: 5 mi. DD: 18 mi.

Difficulty: Easy

Leader: George Fogg – 315-853-3713 Co-Leader: Rebecca Fogg – 315-381-3161 **Meet At:** Madison Central School, Rt. 20

A pleasant leafy walk on the railroad bed following along Chittenango Creek. Slight slope, easy

walking.

HCCC

Н

Sun. Sep 2 1:00PM Hike # 6788

HD: 3-4 mi. DD: 2 mi.

Difficulty: Easy

Leader: Cindy McCormack – 315-271-7316 Co-Leader: Bill Warren, Jr. – 315-866-0235

Meet At: Gems Along the Mohawk, Herkimer, NY Hike the Interpretive Trail at HCCC with its many

varieties of trees and flora.

ROME BUSINESS PARK

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Mon. Sep 3 9:00AM Hike # 6789

HD: 4-5 mi. DD: 0 mi.

Difficulty: Easy

Leader: Lu Blanchard – 315-768-3566 Co-Leader: Dick Blanchard – 315-768-3566 **Meet At: Burger King, Black River Blvd., Rome** We will hike the paved trails of the business park and, if time and inclination drives us, do some unpaved trails. Maybe we will even see an eagle!

OXBOW FALLS

Н

Sun. Sep 9 11:30AM Hike # 6791

HD: 3 mi. DD: 24 mi.

Difficulty: Moderate

Leader: Margaret Decker – 315-723-6332 Co-Leader: Mark Decker – 315-723-6332 **Meet At: Thruway Exit 32, Westmoreland** From Thruway exit 32 we will travel to the trailhead on Watson Road off Oxbow Road, Canastota.

Hike to the falls via switchbacks.

INTERESTING EVENING

Tuesday, September 11
Social time: 6:30PM Program: 7:00PM
New Hartford Public Library, Sammon Room

INTO THE ARCTIC CIRCLE WITH Phyllis DeLia and Paul Connors & FLYING SOLO IN PARIS Mary Pat Connors

Learn about both of these unique travel experiences from our presenters.

Decaf coffee and tea provided.

Please bring a snack to share.

GOOD LUCK CLIFFS

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Sat. Sep 15 9:00AM Hike # 6792

HD: 2-4 mi. DD: 30 mi.

Difficulty: Moderate

Leader: Erik Boney – 315-864-0011

Co-Leader: Darlene Whitaker - 315-404-6058

Meet At: NBT Bank, Middleville

We will drive to the trailhead on Rt 10. The easy part of the hike will be to Good Luck Lake, roughly 2 miles RT. If you want to go to the cliffs, it will be 3.6 miles RT, and this does have some steep parts.

HELDERBERG ESCARPMENT

Н

Sat. Sep 22 9:30AM Hike # 6794

HD: 6 mi. DD: 68 mi.

Difficulty: Moderate

Leader: Bobbie Scarpino – 315-269-4099
Co-Leader: Carolyn Eastman – 315-525-0366
Meet At: Gems Along the Mohawk, Herkimer
Rain prevented us from doing this hike in the
spring. The hike will begin from Beaver Dam Rd.
along the Long Path Trail, loop through Thacher
State Park and back. The views along the
escarpment are spectacular.

A WEST ROME PEDAL

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Sun. Sep 23 10:00AM Hike # 6795

HD: 30 mi. DD: 2 mi.

Difficulty: Moderate

Leader: John Gilbert - 315-942-5176

Co-Leader: Madonna Fellows – 315-736-2564 **Meet At: McDonald's, Erie Blvd. West, Rome** From McDonald's we'll drive to Erie Canal Village or another parking area close by to start our biking tour. With the exception of a small portion of the canal towpath, most of the bike will be on paved roads.

FIND THE WATERFALLS

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Sat. Sep 29 10:00AM Hike # 6796

HD: 5 mi. DD: 60 mi.

Difficulty: Easy/Moderate

Leader: Mary Pat Connors – 315-723-0085 Co-Leader: Lu Blanchard – 315-768-3566

Meet At: Key Bank, Mapledale

We will do a waterfall version of the "boots and barhopping" hike; multiple short hikes in the Speculator area, ranging from 1/4 mi. to 2 miles. IF the water is low on the Sacandaga, and IF the weather permits, we may TRY to find Shanty Brook Falls. Pack water shoes and a towel for this adventure. (This part would be rated moderate.)

MORGAN HILL

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Sun. Sep 30 11:00AM Hike # 6797

HD: 5 mi. DD: 35 mi.

Difficulty: Moderate

Leader: Charlene Zebley – 315-942-5176 Co-Leader: Sue Manier – 315-655-4367 **Meet At: Madison Central School. Rt. 20**

Re-group at McDonald's in Cazenovia. Drive to the trailhead where we'll hike some of the trails in this state forest, which is west of Highland Forest.

FOREST RANGER/DEC Emergency Number: 518-891-0235 Trail Conditions: 518-408-5850

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