

## Hike Schedule

AUGUST 2019



Founded in 1921  
Utica, New York

Trampntrail.org

### Summer hiking season is here! Some seasonal reminders:

- ✓ Bring sunscreen and bug spray, nets, repellent clothing, etc. to protect yourself.
- ✓ Check yourself for ticks with a hand mirror. They like warm dark places!
- ✓ Heat is our enemy. Bring lots of water. Wear light-colored clothing. Bring an extra shirt and socks.
- ✓ A small towel in your pack is handy for drying feet after a stream crossing.
- ✓ When biking, obey the rules of the road. Ride single file and stop at stop signs and lights.

**IMPORTANT NOTICE:** All hikes will start at the time and location specified in each individual hike description. In order to facilitate carpooling, these locations should be within 15 miles of Utica. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. **Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.**

HD - Hiking Distance (Total both ways)    DD - Driving Distance (One way from meeting place)  
 B - Bike    H - Hike    S - Ski    SS - Snowshoe  
 C/K - Canoe/Kayak    TM - Trail Maintenance

**Required accessories:** Helmets for a bike; PFDs for canoe/kayak.

## SCHEDULE SUMMARY

JUNE 2019		JULY 2019		AUGUST 2019	
1	Mohonk Weekend - H	4	OK Slip Falls - H	3	Sand Lake Falls - H
1	Open Hike - H	6	Lakeview Wildlife - C/K	4	Canajoharie Trail - B
2	Mohonk Weekend - B or H	7	Blue Mtn./Tirrell Pond - H	9-11	HPW - H
2	Mohegan Lake - H	8	<b>Reservation Deadline Cranberry Lake</b>	10	Rogers Env. Center - H
3	<b>Reservation Deadline for HPW</b>	13	Cranberry Lake - C/K or H	11	Deansboro Trail - H
8	Sleeping Lion - H	13	Colgate Trails - H	17	Forked Lake - C/K
9	Pools Brook - H	14	Cranberry Lake - H	18	Black Bear Mtn. - H
11	<b>Interesting Evening</b>	14	7th Lake - C/K	24	Brookwood Pt. - C/K
15	W. Canada Creek - C/K	16	<b>Hike Committee Meeting</b>	25	Bear Lake - H
16	Strawberry Moon - H	20	John Mack Pond - C/K	31	Link Trail NCT - H
22	Griffiss AFB - H	21	Highland Forest - H		
23	Woodhull Lake - C/K	23	<b>Executive Committee Meeting</b>		
29	Brookfield Trails - H	26-28	JBL - H		
30	Delphi Falls - B	27	Deerfield Wilderness - H		
		28	Brandy Lake - H		
					<b>Save the date! Corn Roast September 8, 2019</b>

**FOREST RANGER/DEC EMERGENCY:**  
**518-891-0235**  
**TRAIL CONDITIONS: 518-408-5850**

## AUGUST 2019

### SAND LAKE FALLS

H

**Sat. Aug 3**                      **9:00AM**                      **Hike # 6896**  
**HD: 9 mi.**                      **DD: 25 mi.**

**Difficulty: Moderate**

Leader: Gordon Potter – 315-827-4802

Co-Leader: Tom Smith – 315-736-7524

**Meet At: Key Bank, Mapledale**

Hike to a small waterfall and lean-to. Some wet areas, but should not be too wet in August. We will be hiking in from the North Lake trail.

### CANAJOHARIE BIKE TRAIL

B

**Sun. Aug 4**                      **9:00AM**                      **Hike # 6897**  
**HD: 10 + mi.**                      **DD: 39 mi.**

**Difficulty: Moderate**

Leader: Carolyn Eastman – 315-525-0366

Co-Leader: Diana Henry – 315-761-5419

**Meet At: Gems Along the Mohawk, Herkimer**

We will park at Betty Beavers Fuel Stop and bike along the canal trail as far as your little legs will go. This will require a hybrid or mountain bike.

### HIGH PEAKS WEEKEND

H

**Fri. Aug. 9-Sun. Aug. 11**                      **Hike # 6898**  
**HD: Varies**                      **DD: 150 mi.**

**Difficulty: Varies**

Leader: Lu Blanchard – 315-749-5380

Co-Leader: Geoff & Donna Horan – 315-826-7060

**Meet At: NO LOCAL STARTER**

Check in Fri. after 2:00PM; check out Sun. by 11:00AM. Hikers have the option of bringing a tent or sleeping in a tent cabin on club sites, or making their own arrangements at ADK Heart Lake Lodge and Wilderness Campsite, 518-523-3441. A variety of hikes will be offered again this year. Friday & Saturday night meals will be potluck with meats provided. A pancake and egg breakfast will be offered Sunday morning. Last day for registering is **June 3!** Call Lu Blanchard or Donna Horan for details.

### ROGERS ENVIROMENTAL CENTER

H

**Sat. Aug 10**                      **11:30AM**                      **Hike # 6899**  
**HD: Optional**                      **DD: 22 mi.**

**Difficulty: Easy**

Leader: Mike Huss – 315-768-7374

Co-Leader: Janice Huss – 315-768-7374

**Meet At: Circle K, Rts. 12 & 20, Sangerfield**

Bring your lunch and a dish to pass, and we will eat under one of the many shade trees. After lunch we will walk the many marked trails traversing a variety of picturesque habitats.

### DEANSBORO TRAIL

H

**Sun. Aug 11**                      **1:30PM**                      **Hike # 6900**  
**HD: 5 mi.**                      **DD: 0 mi.**

**Difficulty: Easy**

Leader: Mike Huss – 315-768-7374

Co-Leader: Janice Huss – 315-768-7374

**Meet At: Old Railroad Depot, Rt. 315, Deansboro**

Hike the old railroad bed in Deansboro.

### FORKED LAKE/BRANDRETH OUTLET PADDLE

C/K

**Sat. Aug 17**                      **9:00AM**                      **Hike # 6901**  
**HD: 9 mi.**                      **DD: 87 mi.**

**Difficulty: Moderate**

Leader: Mary Pat Connors – 315-723-0085

Co-Leader: Madonna Fellows – 315-736-2564

**Meet At: Key Bank, Mapledale**

If you like long views on a big lake or the calm beauty of a small stream, we will experience both. Put-in is on N. Point Rd., west from Rt. 28N, with one 20-yard carry, and maybe a beaver dam or two. Prepare to swim here or back at Blue Mtn. Lake.

### BLACK BEAR MOUNTAIN

H

**Sun. Aug 18**                      **10:00AM**                      **Hike # 6902**  
**HD: 5 mi.**                      **DD: 45 mi.**

**Difficulty: Moderate**

Leader: Sharon Kaelin – 315-338-1573

Co-Leader: Amanda Zdanowicz – 315-351-6143

**Meet At: Key Bank, Mapledale**

Drive to the trailhead on Rt 28 near Inlet. Be prepared for short steep areas. Excellent views of Fulton Chain of Lakes.

**BROOKWOOD POINT/OTSEGO LAKE**

C/K

**Sat. Aug 24**                      **11:00AM**                      **Hike # 6903**  
**HD: 5+ mi.**                      **DD: 12 mi.**

**Difficulty: Easy**

Leader: Walt Pillar – 315-794-6770

Co-Leader: Jim Wasielewski – 315-736-7425

**Meet At: Price Chopper, Rt.20, Richfield Springs**

Put in at Brookwood Point on Otsego Lake. Paddle to Council Rock and the source of the Susquehanna, then to the Blue Mingo restaurant to imbibe/eat lunch, then paddle back to Brookwood Point and take time to explore the small museum and English Gardens. Kayak rental available.

**BEAR LAKE LEAN-TO**

H

**Sun. Aug 25**                      **9:00AM**                      **Hike # 6904**  
**HD: 5.5 mi.**                      **DD: 32 mi.**

**Difficulty: Moderate**

Leader: Greg Sipp – 315-790-2060

Co-Leader: Madonna Fellows – 315-736-2564

**Meet At: Key Bank, Mapledale**

Let's see if we can all make it to the lean-to for lunch.

**LINK TRAIL OF NCT**

H

**Sat. Aug 31**                      **10:00AM**                      **Hike # 6905**  
**HD: 5-6 mi.**                      **DD: 19 mi.**

**Difficulty: Moderate**

Leader: Jeff Steele – 315-684-3666

Co-Leader: Sally Steele – 315-684-3666

**Meet At: Madison Central School, Rt. 20, Madison**

We will access the trail from the Cazenovia Public Library parking lot and hike the rolling hills and woods to the Stone Quarry Art Park with its interesting sculptures.