

Hike Schedule

JUNE 2019



Founded in 1921
Utica, New York

Trampntrail.org

Summer hiking season is here! Some seasonal reminders:

- ✓ Bring sunscreen and bug spray, nets, repellent clothing, etc. to protect yourself.
- ✓ Check yourself for ticks with a hand mirror. They like warm dark places!
- ✓ Heat is our enemy. Bring lots of water. Wear light-colored clothing. Bring an extra shirt and socks.
- ✓ A small towel in your pack is handy for drying feet after a stream crossing.
- ✓ When biking, obey the rules of the road. Ride single file and stop at stop signs and lights.

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. In order to facilitate carpooling, these locations should be within 15 miles of Utica. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. **Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.**

HD - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place)
B - Bike **H** - Hike **S** - Ski **SS** - Snowshoe
C/K - Canoe/Kayak **TM** - Trail Maintenance

Required accessories: Helmets for a bike; PFDs for canoe/kayak.

SCHEDULE SUMMARY

JUNE 2019		JULY 2019		AUGUST 2019	
1	Mohonk Weekend - H	4	OK Slip Falls - H	3	Sand Lake Falls - H
1	Open Hike - H	6	Lakeview Wildlife - C/K	4	Canajoharie Trail - B
2	Mohonk Weekend - B or H	7	Blue Mtn./Tirrell Pond - H	9-11	HPW - H
2	Mohegan Lake - H	8	Reservation Deadline Cranberry Lake	10	Rogers Env. Center - H
3	Reservation Deadline for HPW	13	Cranberry Lake - C/K or H	11	Deansboro Trail - H
8	Sleeping Lion - H	13	Colgate Trails - H	17	Forked Lake - C/K
9	Pools Brook - H	14	Cranberry Lake - H	18	Black Bear Mtn. - H
11	Interesting Evening	14	7th Lake - C/K	24	Brookwood Pt. - C/K
15	W. Canada Creek - C/K	16	Hike Committee Meeting	25	Bear Lake - H
16	Strawberry Moon - H	20	John Mack Pond - C/K	31	Link Trail NCT - H
22	Griffiss AFB - H	21	Highland Forest - H		
23	Woodhull Lake - C/K	23	Executive Committee Meeting		
29	Brookfield Trails - H	26-28	JBL - H		
30	Delphi Falls - B	27	Deerfield Wilderness - H		
		28	Brandy Lake - H		
					Save the date! Corn Roast September 8, 2019

JUNE 2019

MOHONK WEEKEND

H

Sat. Jun 1 **8:00AM** **Hike # 6872**
HD: 5+ mi. **DD: 150 mi.**

Difficulty: Moderate

Leader: Carolyn Eastman – 315-525-0366

Co-Leader: Sarah Cotter – 315-725-0513

Meet At: Gems Along the Mohawk, Herkimer

We will be exploring a side of the Mohonk Preserve that we haven't yet seen, so this will be a new adventure.

OPEN HIKE

H

Sat. Jun 1 **10:30AM** **Hike # 6873**
HD: TBD **DD: TBD**

Difficulty: TBD

Leader: TBD

Co-Leader: TBD

Meet At: Key Bank, Mapledale

New T&T experiment. We will meet and pick a leader and a place to hike. Let's try it and see what happens. If you think you might participate, please print a sign-up sheet from our website, just in case. Questions? Call Mike Huss, 315-768-7374.

MOHONK WEEKEND

B or H

Sun. Jun 2 **10:15AM** **Hike # 6874**
HD: 25 mi. B or 5+mi. H **DD: 5 mi.**

Difficulty: Easy/Moderate

Leader: Sarah Cotter – 315-725-0513

Co-Leader: Carolyn Eastman – 315-525-0366

Meet At: NO LOCAL STARTER in Utica. Meet in Econolodge parking lot in New Paltz

Bike or hike the Wallkill Rail Trail in New Paltz. Trail extends from Gardner to Kingston, a distance of 21 miles. The trail boasts the stunning attraction of the Rosendale Trestle, which stands 150 ft. above Rondout Creek. The trail surface is gravel, so hybrid bikes are recommended.

MOHEGAN LAKE PLUS

H

Sun. Jun 2 **9:00AM** **Hike # 6875**
HD: 6-7 mi **DD: 60 mi**

Difficulty: Easy

Leader: Jim Wasielewski – 315-736-7425

Co-Leader: Lorrie Wasielewski – 315-736-7425

Meet At: Key Bank, Mapledale

Drive to Sagamore parking area. Hike past Camp Uncas to Mohegan Lake and possibly further. The trail is a dirt road which makes for easy hiking, but you're still in deep woods.

SLEEPING LION/HYDE HALL

H

Sat. Jun 8 **10:00AM** **Hike # 6876**
HD: 4+ mi. **DD: 11 mi.**

Difficulty: Easy/Moderate

Leader: Walt Pillar – 315-794-6770

Co-Leader: Greg Sipp – 315-790-2060

Meet At: Price Chopper, Rt. 20, Richfield Springs

Hike the Sleeping Lion trail up Mt. Wellington at the north end of Otsego Lake, then to the oldest covered bridge in the state. Lunch by the lake. (Optional tour of Hyde Hall after hike for a fee.)

OLD ERIE CANAL/POOLS BROOK PARK

H

Sun. Jun 9 **10:30AM** **Hike # 6877**
HD: 4 mi. **DD: 33 mi.**

Difficulty: Easy/Moderate

Leader: Mark Decker – 315-723-6332

Co-Leader: Margaret Decker – 315-723-6332

Meet At: Overflow lot on Rt. 5 near Macy's, New Hartford

Drive to trailhead to hike along the Old Erie Canal Trail that passes by the wide waters of Pools Brook and then crosses into Madison County.

WEST CANADA CREEK PADDLE

C/K

Sat. Jun 15 **10:30AM** **Hike # 6878**
HD: 5 mi. **DD: 5 mi.**

Difficulty: Moderate

Leader: Tom O'Hara – 315-525-1858 (Text)

Co-Leader: Tom Schenck – 607-423-5413

Meet At: Key Bank, Mapledale

Put in at Putnam Rd. public fishing access. Take out at public fishing access on Rt. 28 north of Newport BEFORE the big rapids. The water may still be swift-moving, so this paddle is recommended for experienced paddlers. Lunch and swim mid-way down the river. PFD a must! Shuttle required.

STRAWBERRY MOON HIKE

H

Sun. Jun 16 **7:30PM** **Hike # 6879**
HD: 4 mi. **DD: 0 mi.**

Difficulty: Easy/Moderate

Leader: Meg Higgerson – 315-841-8717

Co-Leader: Sharon Kaelin – 315-338-1573

Meet At: Valley View Golf Course, Utica

This will be the rescheduled "Wolf Moon Ski" that was canceled in January. This full moon got its name from the Algonquin tribes who knew it as a signal to gather the ripening fruit of wild strawberries.

GRIFFISS SCULPTURE PARK**H****Sat. Jun 22** **1:00PM** **Hike # 6880****HD: 4 mi.** **DD: 2 mi.****Difficulty: Easy**

Leader: Lu Blanchard – 315-749-5380

Co-Leader: Mary Kate Scott – 315-941-5020

Meet At: Burger King, Black River Blvd., Rome

We will hike the sculpture trail with forays into the fields (weather permitting) and a stop at Stewart's for ice cream when done!

WOODHULL LAKE**C/K****Sun. Jun 23** **10:00AM** **Hike # 6881****HD: 7-14 mi.** **DD: 35 mi.****Difficulty: Moderate**

Leader: Dianna Morris – 315-768-3145

Co-Leader: Don Fellows – 315-736-2564

Meet At: Key Bank, Mapledale

Put in at Wolf Lake Landing and paddle the entire circumference, or as far as you are comfortable.

The land around the lake is private property owned by the Adirondack League Club, so we need to respect the posted signs and remain on the water ...or take a swim in the lake!

BROOKFIELD TRAILS**H****Sat. Jun 29** **10:00AM** **Hike # 6882****HD: 6 mi.** **DD: 11 mi.****Difficulty: Moderate**

Leader: Bobbie Scarpino – 315-269-4099

Co-Leader: Carolyn Eastman – 315-525-0366

Meet At: Circle K, Rts. 12 and 20, Sangerfield

Starting at the Moscow Rd. Assembly area, ascend the trail to the truck trails that traverse the Brookfield Trail System. Lots of ups and downs.

DELPHI FALLS COUNTY PARK**B****Sun. Jun 30** **12:30PM** **Hike # 6883****HD: 20 mi.** **DD: 26 mi.****Difficulty: Moderate**

Leader: Madonna Fellows – 315-736-2564

Co-Leader: Don Fellows – 315-736-2564

Meet At: Madison Central School, Rt. 20, Madison

We will bike to Delphi Falls, Madison County's newest park. This 60-acre park includes a spectacular two-tiered waterfall in a park-like setting.

FOREST RANGER/DEC EMERGENCY:
518-891-0235

TRAIL CONDITIONS: 518-408-5850