

Hike Schedule

JULY 2022



**Founded in 1921
Utica, New York**

Trampntrail.org

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. **Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.**

Per DEC regulations, all outings on state land are limited in group size. High Peaks areas of the Adirondacks and Catskills are limited to 15 per group. All other state lands are limited to 20 per group. Pre-registration is required so we can make arrangements to accommodate all who want to hike.

HD - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place)

B – Bike **H** – Hike **S** – Ski **SS** – Snowshoe **C/K** - Canoe/Kayak **TM** – Trail Maintenance

Required accessories: Helmets for a bike; PFDs for canoe/kayak.

SCHEDULE SUMMARY

JUNE 2022		JULY 2022		AUGUST 2022	
4	Bikeway Over Hudson - B	2	Indian & Stewart Lks. - H	6	Chittenango Creek Trail - H
4	Russell Park - H	3	Cazenovia Lk. - C/K	7	South Lk. - C/K
5	Opus 40 Sculpture Park - H	4	Black River Canal - B	13	High Peaks Weekend - H
5	SUNY Trails - H	9	Spruce Mt. Fire Tower - H	13	HCCC Trails - H
11	Seventh Lk. - C/K	10	Whetstone Gulf - H	14	High Peaks Weekend - H
12	Kirkland Trails - H	16	Highland Forest - H	14	Rogers Envir. Center - H
18	Chittenango Falls - H	17	Nine Mile Swamp - C/K	20	Clockmill Pond - H
19	Cherry Valley - B	19	Hike Committee Meeting	21	Big Bad Luck Pond - H
25	Ontario, Canada - B	22	JBL Weekend - H	26	Frank Guilfoil Memorial - H
25	Erie Canalway - H	23	JBL Weekend - H	27	Moose River - C/K
26	St. Lawrence River - C/K	23	North Lk. - C/K	28	Canachagala Mt. - H
26	Humphrey Hill - H	24	JBL Weekend - H	28	Lorenzo Mansion - H
		24	Otter Creek Horse Trails - B		
		26	Executive Committee Meeting		
		30	Middle Settlement - H		
		31	John Pond - H		

INDIAN & STEWART LAKES

H – Pre-register required

Sat. July 2 10:00 am Hike # 7253

HD: 4.5 mi. DD: 35 mi.

Difficulty: Moderate

Leader: Philip Gwyn – (C)315-219-9633

Co-Leader: Ann Damiano – (C)845-542-3584

Meet At: **Stewarts, Middleville**

Forgiving terrain and elevation as you hike past Stewart Lake and on to Indian Lake.

CAZENOVIA LAKE

C/K

Sun. July 3 10:00 am Hike # 7254

HD: 4 mi. DD: 30 mi.

Difficulty: Moderate

Leader: Susan Manier – (C)315-271-0451

Co-Leader: Bobbie Scarpino – (C)315-269-4099

Meet At: **McDonald's, Cazenovia**

Paddle Cazenovia Lake and stop for lunch in town.

BLACK RIVER CANAL

B

Mon. July 4 11:30 am Hike # 7255

HD: 20 mi. DD: 20 mi.

Difficulty: Easy

Leader: Bobbie Scarpino – (C)315-269-4099

Co-Leader: Mary Pat Connors – (C)315-723-0085

Meet At: **KeyBank, Mapledale**

Starting at Erwin Park in Boonville, bike the canal trail to Forestport and back. Roast hot dogs at the park when we return. Bring something to pass and your own drinks. The trail is not paved and has some sandy areas. Hybrid bikes are suggested.

SPRUCE MT FIRE TOWER

H – Pre-register required

Sat. July 9 8:00 am Hike # 7256

HD: 4-8 mi. DD: 80 mi.

Difficulty: Moderate

Leader: Colleen Felske – (C)203-912-4411

Co-Leader: Lu Blanchard – (C)315-749-5380

Meet At: **Gems Along the Mohawk, Herkimer, NY**

We will hike Spruce Mountain Fire Tower with beautiful views to Albany and the Green Mts. Then folks have an option of hiking Potash Mountain with nice local views or relaxing and swimming in Lake Luzerne. Anyone wanting to stay over and kayak Lake Luzerne on Sunday is welcome to camp (bring own equipment) at Lu's or get a motel room. For those staying later, Colleen and Lu will host a campfire and cookout at Lu's camp at 5:00 pm. (Reservations for overnight required. For lodging suggestions, call Lu or Colleen.)

WHETSTONE GULF

H – Pre-register required

Sun. July 10 9:00 am Hike # 7257

HD: 5-6 mi. DD: 20 mi.

Difficulty: Difficult

Leader: Dianna Morris – (C)315-768-3145

Co-Leader: Russ Myers – (C)315-408-3275

Meet At: **Burger King, Boonville**

Hike the rim trail at Whetstone. There is a parking fee during the summer months.

HIGHLAND FOREST MAIN TRAIL

H

Sat. July 16 9:30 am Hike # 7258

HD: 8.5 mi. DD: 25 mi.

Difficulty: Difficult

Leader: Philip Gwyn – (C)315-219-9633

Co-Leader: Ann Damiano – (C)845-542-3584

Meet At: **Madison Central School, Rt. 20, Madison**

We will hike this moderately challenging loop trail that starts at Highland Forest's Skyline Lodge. The trail is well shaded in the summer. We will need to purchase a day pass (was \$3.00) to hike in this area.

NINE MILE SWAMP

C/K

Sun. July 17 11:00 am Hike # 7259

HD: 6-8 mi. DD: 15 mi.

Difficulty: Moderate

Leader: Walt Pillar – (C)315-794-6770

Co-Leader: Mary Pat Connors – (C)315-723-0085

Meet At: **Circle K, Rts. 12 & 20, Sangerfield**

Paddle 6-8 miles (depending on water level) on the Sangerfield River through the swamp made famous by the Loomis Gang.

JBL WEEKEND

H – Pre-register required

Fri, July 22 7:00 am Hike # 7260

HD: 3.5 mi. DD: 146 mi.

Difficulty: Moderate

Leader: Carolyn Eastman – (C)315-525-0366

Co-Leader: Tom Schenck – (C)607-423-5413

Meet At: **KeyBank, Mapledale**

Hike 3.5 miles up to the lodge, then enjoy a walk to the falls or relax and enjoy the views.

JBL WEEKEND

H – Pre-register required

Sat. July 23 7:00 am Hike # 7261

HD: 10+ mi. DD: 0 mi.

Difficulty: Difficult

Leader: Carolyn Eastman – (C)315-525-0366

Co-Leader: Tom Schenck – (C)607-423-5413

Meet At: No Local Starter

Many choices here. Carolyn will be leading the Basin and Saddleback hike. This is a long, difficult hike.

NORTH LAKE

C/K

Sat. July 23 10:00 am Hike # 7262

HD: 6 mi. DD: 40 mi.

Difficulty: Moderate

Leader: Jim Wasielewski – (H)315-736-7425

Co-Leader: Cynthia McCormack – (H)315-271-7316

Meet At: KeyBank, Mapledale

Paddle North Lake from the Atwell boat launch.

JBL WEEKEND

H – Pre-register required

Sun. July 24 10:00 am Hike # 7263

HD: 3.5 mi. DD: 0 mi.

Difficulty: Moderate

Leader: Carolyn Eastman – (C)315-525-0366

Co-Leader: Tom Schenck – (C)607-423-5413

Hike 3.5 miles back to our cars. You can choose to hike more or just head home.

OTTER CREEK HORSE TRAILS

B – Pre-register required

Sun. July 24 9:30 am Hike # 7264

HD: 20-25 mi. DD: 60 mi.

Difficulty: Difficult

Leader: Paul Sirtoli – (H)315-737-8353

Co-Leader: Jeremy Alexander – 315-292-8670

Meet At: KeyBank, Mapledale

Using hybrid/mt. bikes, we'll ride the dirt roads in this wild forest to visit several of the ponds. No destination in mind. We will also do some short hiking if needed. Trip is an extemporaneous exploration; joint with ADK.

MIDDLE SETTLEMENT LAKE TRAIL

H – Pre-register required

Sat. July 30 10:00 am Hike # 7265

HD: 5+ mi. DD: 35 mi.

Difficulty: Moderate

Leader: Russ Myers – (C)315-408-3275

Co-Leader: Dianna Morris – (C)315-768-3145

Meet At: KeyBank, Mapledale

Hike to Middle Settlement lean-to and back.

JOHN POND

H – Pre-register required

Sun. July 31 9:00 am Hike # 7266

HD: 5+ mi. DD: 75 mi.

Difficulty: Moderate

Leader: Madonna Fellows – (C)315-790-2060

Co-Leader: Don Fellows – (C)315-269-0367

Meet At: KeyBank, Mapledale

We will drive to Big Brook Rd. in Indian Lake. From there our hike will take us to the lean-to on John Pond and then on to Clear Pond.