

## Hike Schedule

OCT 2022



Founded in 1921  
Utica, New York

Trampntrail.org

**IMPORTANT NOTICE:** All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Please try to arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions. **Reminder: If you plan to meet at the trailhead, call the leader to verify scheduled activity for late modifications.**

Per DEC regulations, all outings on state land are limited in group size. High Peaks areas of the Adirondacks and Catskills are limited to 15 per group. All other state lands are limited to 20 per group. Preregistration is required so we can make arrangements to accommodate all who want to hike. **Such hikes are listed in Bold below.**

**HD** - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place)

**B** – Bike **H** – Hike **S** – Ski **SS** – Snowshoe **C/K** - Canoe/Kayak **TM** – Trail Maintenance

Required accessories: Helmets for a bike; PFDs for canoe/kayak.

### SCHEDULE SUMMARY

SEPTEMBER 2022		OCTOBER 2022		NOVEMBER 2022	
3	Oneida Rail Trail – H	1	<b>Whetstone Gulf - H</b>	5	Moss Island - H
4	Deansboro Trail - H	2	Hillbilly Hoedown - H	6	<b>Tongue Range Traverse – H</b>
5	Oriskany Trail - H	8	<b>Gull Lk - H</b>	6	Potato Hill Farm - H
10	<b>Indian Head/Twin Mts - H</b>	9	Four Lakes - Nelson - B	11	840 Trail - H
10	Trenton Greenbelt - H	10	Canalway Trail - H	12	<b>Moose River Plains - H</b>
11	Otsego Lk – C/K	15	Fern Pk - H	13	Canal Cleanup - TM
17	McCauley Mt - H	16	Canalway Trail Camillus – B	19	<b>Black Bear Mt - H</b>
24	<b>Bald Mt - H</b>	22	<b>Helderberg Escarpment – H</b>	20	<b>Burlingame Trails - H</b>
25	Moose River - C/K	23	<b>Burp Lk - H</b>	26	<b>Nelson Lk Loop – H</b>
		23	Egypt Rd – H	26	Mohawk River Trail - H
		29	<b>Third Lk - H</b>	27	<b>Foxy Brown - H</b>
		30	NCT to Chittenango Falls - H		

**OCTOBER****WHETSTONE GULF**  
**Preregistration Required****H****Sat. Oct 1**      **10:00 AM**      **Hike # 7289**  
**HD: 5-6 mi.**                      **DD: 20 mi.****Difficulty: Difficult**Leader: Dianna Morris – (C)315-768-3145  
Co-Leader: Russ Myers – (C)315-408-3275**Meet At: Burger King, Boonville**

We will enjoy spectacular scenic vistas and hopefully, the remaining fall foliage.

**HILLBILLY HOEDOWN****H****Sun. Oct 2**      **10:00 AM**      **Hike # 7290**  
**HD: 5-6 mi.**                      **DD: 5 mi.****Difficulty: Moderate**Leader: Carolyn Eastman – (C)315-525-0366  
Co-Leader: Diana Henry – (C)315-761-5419**Meet At: VVS High School, Rt 31, Verona**

Come dressed in your best hillbilly attire! Hike around Mt Hope Reservoir and then onto private land. After the hike, picnic at Diana Henry's. Hot dogs will be provided. Please bring a dish to pass.

**GULL LAKE****Preregistration Required****H****Sat. Oct 8**      **10:00 AM**      **Hike # 7291**  
**HD: 6.5 mi.**                      **DD: 24 mi.****Difficulty: Moderate**Leader: Philip Gwyn – (C)315-219-9633  
Co-Leader: Ann Damiano – (C)845-542-3584**Meet At: KeyBank, Mapledale**

A 6.5 mile out-and-back trail. We will hike to the Gull Lake lean-to where we can rest and eat lunch while admiring the fall landscape.

**FOUR LAKES - NELSON****B****Sun. Oct 9**      **10:00 AM**      **Hike # 7292**  
**HD: 26 mi.**                      **DD: 23 mi.****Difficulty: Moderate**Leader: Madonna Fellows – (C)315-790-8858  
Co-Leader: Don Fellows – 315-736-2564**Meet At: Madison Central School, Rt. 20, Madison**

Moderate ride to visit 4 lakes in Madison County.

**CANALWAY TRAIL (Herkimer End)****H****Mon. Oct 10**      **10:00 AM**      **Hike # 7293**  
**HD: 5 mi.**                      **DD: 3 mi.****Difficulty: Easy**Leader: George Fogg – (C)315-766-0572  
Co-Leader: Phyllis Fogg – (C)315-794-9947**Meet At: Gems Along the Mohawk, Herkimer**

Drive to German Flatts Town Park and the historic Fort Herkimer Church on Rt. 5S. Hike to Lock 18 (or further if we want) and back, hoping to view colorful foliage along the river.

**FERN PARK****H****Sat. Oct 15**      **10:00 AM**      **Hike # 7294**  
**HD: 5 mi.**                      **DD: 50 mi.****Difficulty: Moderate**Leader: Jim Wasielewski – (H) 315-736-7425  
Co-Leader: Lorrie Wasielewski – (H) 315-736-7425**Meet At: KeyBank, Mapledale**

Drive to Fern Park, Inlet NY. Hike the ski trails of the park and hike up Hidden Peak for a beautiful view of the Fulton Chain of Lakes and Black Bear Mt.

**CANALWAY TRAIL CAMILLUS****B****Sun. Oct 16**      **9:30 AM**      **Hike # 7295**  
**HD: 24 mi.+/-**                      **DD: 34 mi.****Difficulty: Easy**Leader: Bobbie Scarpino – (C)315-269-4099  
Co-Leader: Dot Edic – (C)315-269-1960**Meet At: Park 'n' Ride, Thruway Exit 34, Canastota**

Beginning at Camillus, bike a short distance east on the Canalway to go over the Nine Mile Creek Aqueduct, the only one of the canal's 32 aqueducts that has been restored and is navigable. Then change direction and head west. We'll stop at the Camillus Erie Canal Park, the halfway point on the original Erie Canal, to visit a replica canal-side store and museum. From there bike as many miles as we want, eat lunch along the way, and then return the same way. Most of the trail surface is crushed, packed stone.

**FOREST RANGER/DEC Emergency Number:**  
**518-891-0235 Trail Conditions: 518-408-5850**

**HELDERBERG ESCARPMENT****Preregistration Required****H****Sat. Oct 22 9:30 AM Hike # 7296****HD: 6 mi. DD: 60 mi.****Difficulty: Moderate**

Leader: Bobbie Scarpino – (C)315-269-4099

Co-Leader: Carolyn Eastman – (C)315-525-0366

**Meet At: Price Chopper, Rt. 20, Richfield Springs**

The hike will begin from Beaver Dam Rd. along the Long Path Trail and into John Boyd Thacher State Park. Hike along the Cliff Edge Overlook and under the waterfall on the Indian Ladder Trail. See if you can fit through the "Squeeze Box!" Lunch in the park. Return on a loop trail to the cars.

**BURP LAKE****Preregister Required****H****Sun. Oct 23 7:30 AM Hike # 7297****HD: 12 mi. DD: 30 mi.****Difficulty: Difficult**

Leader: Paul Sirtoli – (H)315-737-8353

Co-Leader: Dave Rockwood – (C)315-868-7525

**Meet At: KeyBank, Mapledale**

Drive to Haskell Road parking area. Hike the old jeep road to Big Brook, then bushwhack 1.5 miles to pond.

**EGYPT ROAD****H****Sun. Oct 23 1:00 PM Hike # 7298****HD: 4 mi. DD: 10 mi.****Difficulty: Moderate**

Leader: Mike Huss – (H)315-768-7374

Co-Leader: Janice Huss – (C)315-941-2831

**Meet At: KeyBank, Mapledale**

Take a hike on BREIA trails.

**THIRD LAKE****Preregistration Required****H****Sat. Oct 29 8:00 AM Hike # 7299****HD: 8 mi. DD: 40 mi.****Difficulty: Difficult**

Leader: Greg Sipp – (C)315-790-2060

Co-Leader: Dave Rockwood – (C)315-868-7524

**Meet At: Stewart's, Middleville**

We will hike to Third Lake from the parking area off of Rt 29A, passing Goose Egg and Fourth Lakes. This is an out-and-back hike with lunch at the lake.

**NCT TO CHITTENANGO FALLS****H****Sun. Oct 30 10:00 AM Hike # 7300****HD: 4-5 mi. DD: 3 mi.****Difficulty: Moderate**

Leader: Jeff Steele – (C)203-645-5407

Co-Leader: Sarah Steele – (C)315-684-3666

**Meet At: Walgreen's, Rt 20, Cazenovia (Tops Plaza, just past McDonald's)**

Hike North Country Trail from Bingley Road to Chittenango Falls on an old railroad bed with a small portion on a country road. Enjoy lunch and trails of your choice at Chittenango Falls State Park before regrouping and returning to Bingley Road.