

**Club Schedule
October 2023**



**Founded in 1921
Utica, New York
www.trampntrail.org**

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions.

REMINDER: If you plan to meet at the trailhead, call the leader to verify the activity for late modifications.

H – Hike **S** – Ski **SS** – Snowshoe **B** – Bike (*Requires Helmet*)
C/K - Canoe/Kayak (*Requires PFD's*) **TM** – Trail Maintenance
HD - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place)

SCHEDULE SUMMARY

SEPTEMBER 2023		OCTOBER 2023		NOVEMBER 2023	
2	H – Puffer Mountain	1	H – Shawangunk Nature Preserve	4	TM - Canal Cleanup
3	H – Bear Lake	7	H – Bear Creek - North Lake Road	5	H – Gilbert Lake
4	B – Labor Day Pedal	7	H - Egypt Road	11	H – Round Pond
9	H – Buck Meadow Mountain	7	H – Salmon River	12	H – Ludlow Creek State Forest
9	H – Deansboro Trail	8	H - Arnold Lake	18	H – Stoney Pond State Forest Loop
10	C/K – Otsego Lake	14	H – North Country Trail New Woodstock	19	H - Buck Mountain
16	H – Cascade Pond	15	TM – Carpenter Road	19	H – Mohawk River Trail
17	H – <i>Corn Roast & Hike</i>	21	H – Gleasmans Falls	25	H – Lost Lake Mountain
23	H – Blue Mountain	22	H – Middle Settlement Lake - Brown Tract Trail Loop	26	H – Chenango Canal Trail
23	H – Potato Hill Farm	28	H – Halloween Hike		
24	B – Local Bike Ride	29			
30	H – McCauley Mountain				
	HIKES IN BOLD REQUIRE PRE-REGISTRATION				

Website: www.trampntrail.org

Facebook: [TrampandTrailClub](https://www.facebook.com/TrampandTrailClub)

Instagram: [@trampntrail](https://www.instagram.com/trampntrail)

OCTOBER 2023

SHAWANGUNK NATURE PRESERVE

H

Sun. Oct 1 1:00 PM Hike #7415

HD: 2-3 mi. DD: 12 mi.

Difficulty: Easy *Pre Reg Required*

Leader: Nancy Agen – (C) 315-794-4226

Co-Leader: Mary Lou Miller – (C) 315-292-2285

Meet At: Subway, Rt. 12, Barneveld

The preserve was established in 1974. Guided tours are offered to educate individuals to identify plants & animals, learn about ecologically friendly lifestyles, the practical application of solar power, conservative use of water, using recycled building materials, safe recycling of human waste, low energy food preservation techniques, practical organic gardening, and conservative fuel consumption. Limited to 25.

BEAR CREEK - NORTH LAKE ROAD

H

Sat. Oct 7 7:30 AM Hike #7416

HD: 11 mi. DD: 30 mi.

Difficulty: Difficult *Pre Reg Required*

Leader: Paul Sirtoli – (H) 315-737-8353

Co-Leader: Greg Sipp – (C) 315-790-2060

Meet At: Subway, Rt. 12, Barneveld

A thru hike via Chub Pond and Stone Dam Lake, using trail and trail whacking. A shuttle is required.

EGYPT ROAD

H

Sat. Oct 7 12:00 PM Hike #7417

HD: 4 mi. DD: 10 mi.

Difficulty: Easy

Leader: Mike Huss – (H) 315-768-7374

Co-Leader: Janice Huss – (C) 315-941-2831

Meet At: Subway, Rt. 12, Barneveld

Take a hike on the BREIA trails.

SALMON RIVER

H

Sun. Oct 8 10:00 AM Hike #7418

HD: 3 mi. DD: 40 mi.

Difficulty: Easy

Leader: Gordon Potter – (H) 315-827-4802

Co-Leader: Tom Smith – (H) 315-736-7524

Meet At: McDonalds, Erie Blvd., Rome

We will visit Salmon River Fish Hatchery to watch the salmon jumping up the ladder. Visit Salmon River Falls where a 2.5-mile round-trip hike along the riverside can be done along with a switchback hike down to the base of the falls. Watch people catch salmon in Altmar. Fall colors should be at peak.

ARNOLD LAKE

H

Sat. Oct 14 10:00 AM Hike #7419

HD: 5 mi. DD: 30 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Walt Pillar – (C) 315-794-6770

Co-Leader: Bob Kane – (C) 315-335-7293

Meet At: Park & Ride Lot, Rt. 51, south of Rt. 20, West Winfield

We will hike through Bilderbeck County Forest and around Arnold Lake. Then stop at Willow Farm Brewery if it is still open for the season.

NORTH COUNTRY TRAIL NEW WOODSTOCK

H

Sun. Oct 15 9:30 AM Hike #7420

HD: 3 mi. DD: 7 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Jeff Steele – (C) 203-645-5407

Co-Leader: Sally Steele – (C) 315-684-3666

Meet At: Walgreen's (Tops Plaza), Cazenovia

Rated one of the best sections of the NCT in central New York, this short segment has good footing with a steady incline on switchbacks that wind through private property, including a large maple sap operation.

CARPENTER ROAD

TM

Sat. Oct 21 10:00 AM Hike #7421

HD: 6 mi. DD: 17 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Jan Fellenz – (C) 585-967-9812

Co-Leader: Hugh Mason – (C) 315-926-4489

Meet At: Burger King, Boonville

Come with gloves and tools for clipping small branches/twigs to ready our club's adopted trail system for the x-c season. **DEC registration is required** in order to participate. See trampntrail.org for DEC form to print out. Complete form and bring on day of hike.

DEER HUNTING SEASON BEGINS!
 Northern Zone Oct. 21-Dec. 3
 Southern Zone Nov. 18-Dec. 10
WEAR BLAZE ORANGE

GLEASMAN'S FALLS

H

Sun. Oct 22 8:30 AM Hike #7422
HD: 7 mi. DD: 68 mi.
Difficulty: Moderate *Pre Reg Required*
 Leader: Dave Rockwood – (C) 315-868-7524
 Co-Leader: Carolyn Eastman – (C) 315-525-0366
Meet At: Subway, Rt. 12, Barneveld
 Hike to the falls and back.

**MIDDLE SETTLEMENT LAKE
 BROWN TRACT TRAIL LOOP**

H

Sat. Oct 28 8:00 AM Hike #7423
HD: 8 mi. DD: 34 mi.
Difficulty: Difficult *Pre Reg Required*
 Leader: Greg Sipp – (C) 315-790-2060
 Co-Leader: TBD
Meet At: Subway, Rt. 12, Barneveld
 Middle Settlement Lake loop on Brown Tract Trail to the
 lean-to for lunch.

HALLOWEEN HIKE

H

Sun. Oct 29 1:00 PM Hike #7424
HD: 6 mi. DD: 0 mi.
Difficulty: Easy
 Leader: Carolyn Eastman – (C) 315-525-0366
 Co-Leader: Diana Henry – (C) 315-761-5419.
Meet At: Ilion Marina, Ilion
 Come in costume if you wish or just stroll along the canal
 trail. Let's see how many cars we get to beep at us.
 Walk 3 miles and turn around.