

# CLUB SCHEDULE

December 2023



Founded in 1921  
Utica, New York


[www.trampntrail.org](http://www.trampntrail.org)

**IMPORTANT NOTICE:** All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions.

**REMINDER:** If you plan to meet at the trailhead, call the leader to verify the activity for late modifications.

H – Hike                      SS – Snowshoe                      S – Cross-Country Ski                      B – Bike (*Requires Helmet*)  
 C/K - Canoe/Kayak (*Requires PFD's*)                      TM – Trail Maintenance  
 HD - Hiking Distance (Total both ways)                      DD - Driving Distance (One way from meeting place)

## SCHEDULE SUMMARY

DECEMBER 2023		JANUARY 2024		FEBRUARY 2024	
2	H – Tooker Mountain	1	SS – Old Erie Canal Trail	3	SS – Green Lakes Perimeter Trail
3	H – Remsen Falls	6	<b>SS - Mud Lake Trail Loop</b>	4	S/SS – Forest Park
9	H – Critz Farms	7	SS – Hinckley Reservoir	10	<b>SS – Otter Lake to Little Long Lake</b>
10	H – Mount Roderick Loop	13	<b>SS – Foxy Brown Trail</b>	11	SS – Sherrill Brook Park
16	H – Gull Lake Via Mill Brook Road	14	<b>S – Carpenter Road</b>	17	<b>SS – Cropsey Pond Stillwater Rock Ledge</b>
17	<b>S – Inlet / Old Forge Area</b>	15	SS – SUNY Trails	18	<b>SS – Round Pond</b>
23	H – Catskills Winter High Peak	20	<b>S/SS – Chateaugay State Forest</b>	19	H – 840 Trail
24	H – Valley View / Feed The Birds	21	S – Stonebridge Golf Course	24	<b>SS – Wilder Vly</b>
30	SS – Trenton Green Belt	27	H – Wolf Moon Hike	25	<b>SS – Moss, Sis &amp; Bubb Lakes</b>
31	<b>SS – Stewart Lake and Indian Lake Trail</b>	28	S/SS – Chittenango Creek Trail		
<p><b>HIKES IN BOLD REQUIRE PRE-REGISTRATION</b></p>				<p>Know before you go!</p>  <p>Check the weather to know what is on the horizon.</p> <p><b>BE PREPARED!</b></p>	

**DECEMBER 2023****TOOKER MOUNTAIN**

H

**Sat. Dec 2 8:30 AM Hike # 7433**  
**HD: 8 mi DD: 32 mi**  
**Difficulty: Difficult *Pre Reg Required***

Leader: Greg Sipp – (C) 315-790-2060  
 Co-Leader: Paul Sirtoli – (H) 315-737-8353

**Meet At: Subway, Rt. 12, Barneveld**

An out-and-back hike to Tooker Mt. Mostly trail with about a mile bushwhack to the top of Tooker.

**REMSEN FALLS**

H

**Sun. Dec 3 9:30 AM Hike # 7434**  
**HD: 7 mi DD: 32 mi**  
**Difficulty: Moderate *Pre Reg Required***

Leader: Madonna Fellows – (C) 315-790-8858  
 Co-Leader: Don Fellows – (C) 315-269-0367

**Meet At: Subway, Rt. 12, Barneveld**

Park on the circle at McKeever RR Station. Conditions will determine how we venture to the falls. Hopefully we will be able to enjoy some of the first snow.

**CRITZ FARMS**

H

**Sat. Dec 9 10:00 AM Hike # 7435**  
**HD: 5 mi DD: 25 mi**  
**Difficulty: Easy**

Leader: Bobbie Scarpino – (C) 315-269-4099  
 Co-Leader: Jennifer Curtis – (C) 315-734-1893

**Meet At: Madison Central School, Rt. 20, Madison**

A perfect hike for the day after the Holiday Party. Walk along an abandoned railroad bed at the back of the Critz Farms property. (Maybe carol along the way in keeping with the holiday spirit?) After, return to the farm to enjoy a late lunch at the cafe, sample hard ciders or beers in the tasting room, and/or browse the gift shop. Christmas trees and wreaths available to purchase.

**MOUNT RODERICK LOOP**

H

**Sun. Dec 10 8:30 AM Hike # 7436**  
**HD: 9 mi DD: 75 mi**  
**Difficulty: Difficult *Pre Reg Required***

Leader: Carolyn Eastman – (C) 315-525-0366  
 Co-Leader: Dave Rockwood – (C) 315-868-7524

**Meet At: Circle K, Waterville**

This trail is part of the FLT (Finger Lakes Trail) and it starts near Cincinnatus. We will hike some dirt roads and trails.

**GULL LAKE VIA MILL BROOK ROAD**

H

**Sat. Dec 16 9:30 AM Hike # 7437**  
**HD: 6.5 mi DD: 25 mi**  
**Difficulty: Moderate *Pre Reg Required***

Leader: Phil Gwyn – (C) 315-219-9633  
 Co-Leader: Ann Damiano – (C) 845-542-3584

**Meet At: Subway, Rt. 12, Barneveld**

A Phil and Ann favorite, this is an out an back. We will hike to a lean-to overlooking the pristine Gull Lake.

**INLET - OLD FORGE AREA**

S

**Sun. Dec 17 9:30 AM Hike # 7438**  
**HD: 7-9 mi DD: 40-55 mi**  
**Difficulty: Difficult *Pre Reg Required***

Leader: Doug Wasielewski – (C) 315-794-2557  
 Co-Leader: Tom Smith – (C) 315-736-7524

**Meet At: Subway, Rt. 12, Barneveld**

A hike or ski in the Inlet - Old Forge area. Exact location and distance TBD.

*To snowshoe or not to snowshoe is not even a valid question.*

**CATSKILLS WINTER HIGH PEAK - KAATERSKILL**

H

**Sat. Dec 23 7:00 AM Hike # 7439**  
**HD: 7.8 mi DD: 95 mi**  
**Difficulty: Difficult *Pre Reg Required***

Leader: Dave Rockwood – (C) 315-868-7524  
 Co-Leader: Carolyn Eastman – (C) 315-525-0366

**Meet At: Gems Along the Mohawk, Herkimer**

Tackle a winter high peak in the Catskills.

**VALLEY VIEW / FEED THE BIRDS**

H

**Sun. Dec 24 9:30 AM Hike # 7440**  
**HD: 4.0 mi DD: 0 mi**  
**Difficulty: Easy**

Leader: Phil Gwyn – (C) 315-219-9633  
 Co-Leader: Ann Damiano – (C) 845-542-3584

**Meet At: Valley View Parking Lot, Utica**

Trek the switchbacks at South Woods. Bring an edible ornament for our fine-feathered friends to enjoy during the holiday season. Santa will bring treats for the human critters too!

## TRENTON GREENBELT

SS

Sat. Dec 30 10:00 AM Hike # 7441

HD: 5 mi DD: 2 mi

Difficulty: Moderate

Leader: Lisa Lucas-Myers – (C) 315-723-2514

Co-Leader: Carolyn Eastman – (C) 315-525-0366

Meet At: Subway, Rt. 12, Barneveld

Join us for a lovely stroll.

Website: [www.trampntrail.org](http://www.trampntrail.org)

Facebook: [TrampandTrailClub](https://www.facebook.com/TrampandTrailClub)

Instagram: [@trampntrail](https://www.instagram.com/trampntrail)

## STEWART LAKE AND INDIAN LAKE TRAIL

SS

Sun. Dec 31 10:00 AM Hike # 7442

HD: 4.5 mi DD: 43 mi

Difficulty: Moderate *Pre Reg Required*

Leader: Phil Gwyn – (C) 315-219-9633

Co-Leader: Ann Damiano – (C) 845-542-3584

Meet At: Stewart's, Middleville

A hidden gem in the Southern Adirondacks, this 4.5 mile out-and-back will bring us to Indian Lake, described on All Trails as "one of the most peaceful spots in all the Southern Adirondacks." A wonderful way to end the year.