

CLUB SCHEDULE

May 2024



Founded in 1921

Utica, New York

www.trampntrail.org

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions.

REMINDER: If you plan to meet at the trailhead, call the leader to verify the activity for late modifications.

H – Hike SS – Snowshoe S – Cross-Country Ski B – Bike (*Requires Helmet*)
 C/K - Canoe/Kayak (*Requires PFD's & Whistle*) TM – Trail Maintenance
 HD - Hiking Distance (Total both ways) DD - Driving Distance (One way from meeting place)

SCHEDULE SUMMARY

MARCH 2024		APRIL 2024		MAY 2024	
2	H – 50 th Anniversary of the Heart Run & Walk	6	H – Sugarhouse Slog	4	H – Good Luck Cliffs & West Stoner Lake Trail
3	S – Inlet Golf Course	7	H – Black River Canal Trail	5	H – Root Glen & Kirkland Trails
8	S/SS – Camp Fowler	7	H - SUNY Trails	11	H – Moulin Mountain
9	S/SS – Oriskany Trail	8	Eclipse of the Sun Event	11	H – Potato Hill Farm
10	S/SS – Northville Lake Placid Trail	13	H – Hamilton Lake Stream Lean-to	12	B – Erie Canal Trail to Moss Island
10	SS – Gull Lake	13	H – Mohawk River Trail	18	H – Tooker Mountain
16	SS – Great Lot Sportsman's Club	14	H – Map & Compass	18	H – Lorenzo Mansion
17	H – Brewer Lake	20	H - Thendara Okara Lakes	19	B – Empire State Trail
23	H – Deerfield Wilderness	21	TM - Canal Cleanup	25	C/K – Black Fly (North Lake)
24	SS – Brookfield Horse Trails	27	H - Whetstone Gulf	26	H - Hoxie Gorge
30	H – Spruce & Shackham Ponds	28	H - Sleeping Lion	27	H – Mount Hunger Forest

HIKES IN **BOLD**
 REQUIRE
 PRE-REGISTRATION



MAY 2024

GOOD LUCK CLIFFS AND WEST STONER LAKE TRAIL

H

Sat. May 4 10:00 AM Hike # 7484

HD: 3.6 mi. DD: 30 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Phil Gwyn – (C) 315-219-9633

Co-Leader: Ann Damiano – (C) 845-542-3584

Meet At: Stewart's, Middleville

Don't be fooled by the fact that this hike is only 3.6 miles! We will first hike to Good Luck Lake and then continue to the cliffs trail. Sections of the climb up to the cliffs can be tricky, especially if there is a lot of mud. Beautiful views at the top!



MAY THE 4TH BE WITH YOU

ROOT GLEN AND KIRKLAND TRAILS

H

Sun. May 5 10:00 AM Hike # 7485

HD: 5 mi. DD: 1 mi.

Difficulty: Moderate

Leader: George Fogg – (C) 315-766-0572

Co-Leader: Phyllis Fogg – (C) 315-794-9947

Meet At: Hannaford Parking Lot, Rt. 12B, Clinton

Enjoy the flower gardens of the Root Glen, then hike the trails of the Kirkland side of the Hamilton College campus.

MOULIN MOUNTAIN

H

Sat. May 11 8:00 AM Hike # 7486

HD: 8 mi. DD: 37 mi.

Difficulty: Difficult *Pre Reg Required*

Leader: Greg Sipp – (C) 315-790-2060

Co-Leader: Paul Sirtoli – (H) 315-737-8353

Meet At: Subway, Rt. 12, Barneveld

Hike the trail to the base of Moulin Mtn., then bushwhack to the top. From there, we will make our way to Gibbs Lake. This is an out-and-back adventure.

POTATO HILL FARM

H

Sat. May 11 12:00 PM Hike # 7487

HD: 4 mi. DD: 25 mi.

Difficulty: Moderate

Leader: Mike Huss – (H) 315-768-7374

Co-Leader: Janice Huss – (C) 315-941-2831

Meet At: Subway, Rt 12, Barneveld

Nice hike on the farm.

ERIE CANAL TRAIL TO MOSS ISLAND

B

Sun. May 12 10:00 AM Hike # 7488

HD: 20 mi. DD: 0 mi.

Difficulty: Easy

Leader: Ron Carvin – (C) 315-841-3550

Co-Leader: Cynthia McCormack – (H) 315-271-7316

Meet At: Ilion Marina, Rt. 51, Ilion

A flat ride from marina to Barge Canal Lock E17. Cross lock gate to Moss Island to explore glacial age potholes. Rock scampering involved. Option: Continue to General Herkimer State Historic Site.

Happy Mothers Day

5/12/24



TOOKER MOUNTAIN

H

Sat. May 18 8:00 AM Hike # 7489

HD: 8 mi. DD: 32 mi.

Difficulty: Difficult *Pre Reg Required*

Leader: Greg Sipp – (C) 315-790-2060

Co-Leader: TBD

Meet At: Subway, Rt. 12, Barneveld

An out-and-back hike to Tooker Mtn. Mostly trail with about a mile bushwhack to the top of Tooker.

LORENZO MANSION

H

Sat. May 18 11:00 AM Hike # 7490

HD: 5 mi. DD: 20 mi.

Difficulty: Moderate

Leader: Mike Huss – (H) 315-768-7374

Co-Leader: Janice Huss – (C) 315-941-2831

Meet At: Madison Central School, Rt. 20, Madison

We will hike the trail around the mansion.

FOREST RANGER / D.E.C.

EMERGENCY NUMBER: 518-891-0235

TRAIL CONDITIONS: 518-408-5850

EMPIRE STATE TRAIL

B

Sun. May 19 9:00 AM Hike # 7491

HD: 26 mi. DD: 40 mi.

Difficulty: Moderate

Leader: Tom O'Hara – (C) 315-525-1858

Co-Leader: Patty Durnin – (C) 516-724-1530

Meet At: Westmoreland Exit 32 Parking Area

Cycle the Empire Bike Trail between section 16 and 15. Starting at Armory Square, bike along the Creekwalk Trail, part of Onondaga Lake, and continue to Camillus.

BLACK FLY KAYAK (NORTH LAKE)

C/K

Sat. May 25 10:00 AM Hike # 7492

HD: 6 mi. DD: 40 mi.

Difficulty: Easy

Leader: Jim Wasielewski – (C) 315-790-7674

Co-Leader: Cynthia McCormack – (H) 315-271-7316

Meet At: Subway, Rt. 12, Barneveld

Drive to the North Lake put in, put on bug spray. Unload kayaks, apply more bug spray. Launch kayaks. Get bug spray out of eyes. Curse black flies.

**CANOES AND KAYAKS
REQUIRE A WHISTLE ON BOARD**

HOXIE GORGE

H

Sun. May 26 9:30 AM Hike # 7493

HD: 5-6 mi. DD: 45 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Bobbie Scarpino – (C) 315-269-4099

Co-Leader: Sue Romero – (C) 315-761-3055

Meet At: Madison Central School, Rt. 20, Madison

Avoid the black flies and trek along part of the Finger Lakes Trail in the Hoxie Gorge State Forest. The first mile follows alongside a pleasant brook. Then cross a field to climb to a high point with a scenic view where we will have lunch. Return along the same route.



Mon. May 27 10:00 AM Hike # 7494

HD: 5 mi. DD: 6 mi.

Difficulty: Moderate *Pre Reg Required*

Leader: Peter Franz – (C) 315-749-8271

Co-Leader: Pam Carrier – (C) 315-896-4746

Meet At: Circle K, Rt 20, Sangerfield

Walk Whalen Rd., check out old cemetery - out and back.