

CLUB SCHEDULE

July 2024



Founded in 1921
Utica, New York

www.trampntrail.org

IMPORTANT NOTICE: All hikes will start at the time and location specified in each individual hike description. Leaders and co-leaders will have phone numbers listed so that they may answer any questions participants may have about possible last-minute hike changes. Arrive at the starting location 15 minutes before the start time so that you can be signed in and receive instructions.

REMINDER: If you plan to meet at the trailhead, call the leader to verify the activity for late modifications.

H – Hike **SS** – Snowshoe **S** – Cross-Country Ski **B** – Bike (*Requires Helmet*)
C/K - Canoe/Kayak (*Requires PFD's & Whistle*) **TM** – Trail Maintenance
HD - Hiking Distance (Total both ways) **DD** - Driving Distance (One way from meeting place) **FLT** – Finger Lakes Trail

JUNE 2024		JULY 2024		AUGUST 2024	
1	H- Tinker Falls	6	H- Pratt's Falls	3	H- Cascade Lake Trail
2	H- Gala At 9 Mile #2	7	B- Bike Along Canal	4	H- Sand Lake Falls
8	H- Colgate Trails	13	H- Wakely Brook Overlook	4	H- 840 Trail
9	K- West Canada Creek	13	H- Egypt Road	9	H- Heart Lake Weekend 9 th -11 th
15	H- Beaversprite	14	H- Carpenter Rd.	10	H- Clark Reservation State Park
16	H- FJ & G Bike Trail	19	H- JBL Weekend 19 th – 21 st	11	H- Suny Trails
22	K- West Branch Sacandaga	20	H- North Lake Hike	17	K- Boyd Dam Reservoir
23	H- Shanty Cliffs	21	K- Oxbow Lake	18	H- Moose River Cliffs
23	H- Potato Hill Farm	27	H- Long Lake	24	H- FLT New Woodstock
29	H- T Lake Falls	27	K- St Lawrence Paddle	24	H- Trenton Greenbelt
30	H- FLT Skyline West/ Heiberg Forest	27	H- Pixley Falls/ Black River Canal	25	H- Proctor Park
30	H- Mohawk River Trail	27	H- Pixley Falls/ Black River Canal	31	H- Chub Lake
		28	B- St Lawrence Pedal	31	H- Lorenzo Mansion
		28	H- Deansboro Trails		
	<div style="border: 1px solid black; padding: 5px; background-color: #e0f2f1;"> HIKES IN BOLD REQUIRE PRE-REGISTRATION </div>				<div style="border: 1px solid black; padding: 5px;"> <u>Corn Roast</u> <u>September 22nd</u> <u>Deerfield Wilderness Park</u> </div>

JULY



PRATT'S FALLS

H

Sat. Jul 6 10:00 AM Hike # 7507
HD: 4 mi. DD: 27 mi.

Difficulty: Moderate

Leader: George Fogg – (C) 315-766-0572

Co-Leader: Phyllis Fogg – (C) 315-794-9947

Meet At: Madison Central School, Rt. 20, Madison

Hike the woods, fields, and glen, then visit the falls.

There is a \$2.00 entrance fee per vehicle for this county park.

BIKE ALONG CANAL

B

Sun. Jul 7 9:30 AM Hike # 7508
HD: 12 mi. + DD: 10 mi.

Difficulty: Moderate

Leader: Carolyn Eastman – (C) 315-525-0366

Co-Leader: Dave Rockwood – (C) 315-868-7524

Meet At: Gems Along the Mohawk, Herkimer

A nice summer bike along the canal starting at Fincks Basin Rd. Go as far as you like and return.



WAKELY BROOK OVERLOOK

H

Sat. Jul 13 7:30 AM Hike # 7509
HD: 10 mi. DD: 70 mi.

Difficulty: Difficult *Pre-register required*

Leader: Paul Sirtoli – (H) 315-737-8353

Co-Leader: Greg Sipp – (C) 315-790-2060

Meet At: Subway, Rt.12, Barneveld

Hike Round Pond Trail to Wakely Brook, wade across the brook, and bushwhack to cliff.

EGYPT ROAD

H

Sat. Jul 13 12:00 PM Hike # 7510
HD: 4 mi. DD: 10 mi.

Difficulty: Easy

Leader: Mike Huss – (H) 315-768-7374

Co-Leader: Janice Huss – (C) 315-941-2831

Meet At: Subway, Rt. 12, Barneveld

Take a hike on the BREIA trails.

CARPENTER RD.

H

Sun. Jul 14 10:00 AM Hike # 7511

HD: 7 mi. DD: 17 mi.

Difficulty: Moderate *Pre-register required*

Leader: Bobbie Scarpino – (C) 315-269-4099

Co-Leader: TBD –

Meet At: Burger King, Boonville

Let's make more use of our club's adopted trail adjacent to Snow Ridge in Tug Hill area. Usually thought of for XC skiing, the trails are also wonderful for hiking during the other seasons.

JBL WEEKEND

H

July 19, 20, 21 7:00 AM Hike # 7512, 7513

HD: 10 mi. DD: 120 mi.

Difficulty: Difficult

Leader: Dave Rockwood – (C) 315-868-7524

Co-Leader: Lisa Lucas-Myers – (C) 315-723-2514

Meet At: Subway, Rt.12, Barneveld

Hike 3.5 miles up to the lodge, then enjoy the hikes to the high peaks and good food with friends.

NORTH LAKE HIKE

H

Sat. Jul 20 9:30 AM Hike # 7514

HD: Various 5 -10 mi. DD: 40 mi.

Difficulty: Difficult *Pre-register required*

Leader: Jim Wasielewski – (C) 315-790-7674

Co-Leader: Doug Wasielewski – (H) 315-896-2817

Meet At: Subway, Rt.12, Barneveld

Drive to North Lake and then there are options. You can hike as far as you want, in and out on the access road.

Or you can continue to circumnavigate the lake for almost 10 miles on road and trail.

OXBOW LAKE PADDLE

C/K

Sun. Jul 21 12:00 PM Hike # 7515

HD: 4-5 mi. DD: 43 mi.

Difficulty: Easy

Leader: Bobbie Scarpino – (C) 315-269-4099

Co-Leader: Jim Wasielewski – (C) 315-790-9694

Meet At: Subway, Rt.12, Barneveld

Put in to the right of Oxbow Inn for a Sunday paddle around the perimeter of Oxbow Lake. After, food and drink are within easy walking distance at Oxbow Inn.

LONG LAKE**H****Sat. Jul 27 8:00 AM Hike # 7516****HD: 11 mi. DD: 22 mi.****Difficulty: Difficult** *Pre-register required*

Leader: Greg Sipp – (C) 315-790-2060

Co-Leader: Carolyn Eastman – (C) 315-525-0366

Meet At: Stewart's, Middleville

Take the Burnt Vly and the Long Lake trails, stopping at Long Lake.

ST. LAWRENCE PADDLE**C/K****Sat. Jul 27 10:30 AM Hike # 7517****HD: 5-7 mi. DD: 112 mi.****Difficulty: Moderate**

Leader: Emil Misiaszek – (C) 315-219-1770

Co-Leader: Jerry Stewart – (C) 315-264-8280

Meet At: NO LOCAL STARTER. Meet at**Price Chopper, Rt. 12, Alexandria Bay**

From the M&T cottage (Emil and Jean's) on Wellesley Island, we will head SW to get a close view of Boldt Castle and Heart Island. From there, head NE through the Manhattan group to the Summerland group of islands, and up to a newly rehabilitated Sport Island. Paddling SW from there, we will return to the M&T cottage for an outdoor picnic provided by our hosts. Please RSVP to Emil for food-planning purposes.

PIXLEY FALLS/ BLACK RIVER CANAL TRAIL**H****Sat. Jul 27 10:00 AM Hike # 7518****HD: 5.5 mi. DD: 18 mi.****Difficulty: Easy**

Leader: Jim Wasielewski – (H) 315-736-7425

Co-Leader: Lorrie Wasielewski – (C) 315-269-8512

Meet At: Burger King, Black River Blvd, Rome

Drive to Pixley Falls trailhead. Hike along the Black River Canal trail. It's an out-and-back hike, so go as far as you wish.

ST. LAWRENCE PEDAL**B****Sun. Jul 28 10:30 AM Hike # 7519****HD: 20-25 mi. DD: 94 mi.****Difficulty: Moderate**

Leader: Bobbie Scarpino – (C) 315-269-4099

Co-Leader: Jerry Stewart – (C) 315-264-8280

Meet At: NO LOCAL STARTER. Meet at Hornes Ferry Dock, 319 Club St., Cape Vincent

Catch the 11:00 ferry from Cape Vincent to Wolfe Island, CA (\$5.00 RT) to bicycle around Wolfe Island (relatively flat). Hybrid bikes are suggested due to mostly gravel roads. Lunch, baked goods, ice cream, and beverages available in Marysville on the island. **Passport or enhanced driver's license is a must!**

DEANSBORO TRAILS**H****Sun. July 28 12:00 PM Hike # 7520****HD: 4 mi. DD: 0 mi.****Difficulty: Easy**

Leader: Mike Huss – (H) 315-768-7374

Co-Leader: Janice Huss – (C) 315-941-2831

Meet At: Old RR Depot, Rt. 315, Deansboro

Easy hike along the old railroad bed.